

JOIN A MOVEMENT OF PROFESSIONALS DIGGING DEEPER INTO THE

POWER OF TOUCH IN EDUCATION and HEALTH

INTEGRATE YOUR SOMATIC EXPERTISE With LABAN/BARTENIEFF and EMBODIED WISDOM

BUILD FURTHER CONFIDENCE AS A SOMATIC MOVEMENT EDUCATOR/THERAPIST

BE PART OF A LIVELY AND GROWING COMMUNITY

### WHO

Certified members of the ISMETA, LMA, and BMC communities with introductory knowledge of basic Movement Analysis, perceptual-motor development, Bartenieff Fundamentals of Movement, and embodied anatomy and physiology principles. Dynamic Embodiment-Somatic Movement Therapy Training, is a program developed by Dr. Martha Eddy, RSMT, CMA and sponsored by Moving On Center ([www.movingoncenter.org/DynamicSMTT](http://www.movingoncenter.org/DynamicSMTT) )

### WHEN & WHERE

June 7<sup>th</sup> to June 18<sup>th</sup> in 2010 at EarthDance in Plainfield, MA. (This intensive is also followed by four 5 day intensives in New York City – feel free to inquire about continued studies or certification.)

### FEES

Fees vary based on degree of involvement and goal of participation (auditing for pleasure, working toward certification, supervised feedback). Ask us about Pre-Requisites – a background in LMA and/or BMC® is helpful. Baseline is \$1700 for June 7 - 17. \$50 discount if registration is received by May 1, 2010. Housing and food is \$650.

### GOALS

- Assessment of your skills in performing, applying, and teaching somatic movement using developmental movement and theories especially as they relate to working with clients
- Using Laban Movement Analysis to name and appropriately apply diverse qualities of touch to bring movement vitality to different tissues of the body. Learn to see issues that arise in different physiological body systems: Observe and respond to challenges beyond musculoskeletal alignment: consider ligament imbalances, organ dysfunction – eating disorders, tone weaknesses - joint limitations, glandular confusion, circulatory sluggishness, or tension or laxity in any body area.
- Practice with case studies, business skills and discussions about ethics.

CONTACT US: [Info@wellnessCKE.net](mailto:Info@wellnessCKE.net) 212 414 –2921 or ask detailed questions to [MarthaEddy@wellnessCKE.net](mailto:MarthaEddy@wellnessCKE.net) Visit [www.MovingOnCenter.org/DynamicSMTT](http://www.MovingOnCenter.org/DynamicSMTT)

We also offer 2 and 4 day introductory courses July 18 – 29, 2010 in New York City.

## PRE-REQUISITES

Minimum: introductory courses (12 – 15 hours) in Laban Movement Analysis, Bartenieff Fundamentals, Developmental Movement and the Body Systems work of Body-Mind Centering. Students must have some previous experience with skilled touch from a somatic perspective as well as practice with counseling or group process. It is also helpful to have taken Eddy's course: Dynamic Movement, Dynamic Health© and Dynamics of Touch©. (Offered in NYC at Moving On Center/ Movements Afoot. Classes in CA are possible.)

## OPTIONS FOR INVOLVEMENT

1. Audit for pleasure (attend intensive at EarthDance)
2. Audit towards completion of education to become an ISMETA Registered Somatic Movement Therapist or Educator (attend at least 100 hours of training in 2008 or over the course of several years) ([www.ismeta.org](http://www.ismeta.org); 212-229-7666)
3. Application for certification in Dynamic Embodiment Somatic Movement Therapy (DE-SMTT) with Martha Eddy (begin independent study work in Feb 2008 and attend the full training.
4. Supplement your study of Somatic Movement or BodyMind FITNESS ([www.MovementsAfoot.com](http://www.MovementsAfoot.com))
5. Assist in the DE-SMTT training. Option open for Registered Somatic Movement Therapists with BMC and CM background – no certification provided (fee for supervision if feedback is desired)
6. Or come to our workshops at SUNY-ESC MALS and in Europe

Visit [www.MovingOnCenter.org/DynamicSMTT](http://www.MovingOnCenter.org/DynamicSMTT)

Discounts apply if you choose to join the full training after Earthdance (Friday evening through Tuesday afternoon sessions) starting June 25th and ending July 20th. Ask about fees.

### *Post-EarthDance Dates:*

Friday 6/25-Tuesday 6/29

Friday 7/2-Tuesday 7/6

Friday 7/9-Tuesday 7/13

Friday 7/16-Tuesday, 7/20

*New book and articles out:*

*Featuring Martha Eddy's BodyMind Dancing©*

<http://www.dance-teacher.com/content/taking-somatics-mat>

*Enjoy Dr. Martha Eddy's article, "A Brief History of Somatic Practices and Dance: historical development of the field of somatic education and its relationship to dance". You can find a free PDF by googling the Journal of Dance and Somatic Practices or download here [http://www.atypon-link.com/INT/doi/abs/10.1386/jdsp.1.1.5\\_1](http://www.atypon-link.com/INT/doi/abs/10.1386/jdsp.1.1.5_1)*

Obtain Dance Current Selected Research Volume 7 of AMS to learn about how LMA is used in research. Dance and Violence Prevention is a 50 page synopsis of one facet of Dr. Eddy's dissertation research.