



Dynamic Embodiment – Somatic Movement Therapy Training Workshops Get Certified, Get Connected! July 14th – August 10th 2011 in New York City Take one course or take them all!

Dynamic Embodiment© is a form of somatic education and movement therapy developed by Martha Eddy, CMA, RSMT, Ed.D.. DE-SMTT integrates skilled touch from BodyMind Centering®, movement from Laban/Bartenieff, and compassionate dialogue to help people of all ages and abilities to relieve their own stress, find enhanced expressiveness, and balance all aspects of the body and psyche. Dynamic Embodiment provides resources and can launch your career – in health, fitness, education or the performing arts or as a Registered Somatic Movement Educator or Somatic Movement Therapist

For More Information Visit <http://www.movingoncenter.org/DynamicSMTT>



Overview of DE-SMTT Process (required for all certification students)

Thursday, July 14th 1:00 pm – 5:00 pm (Separate Fee: \$175)

FREE Intro to DE-SMTT

Thursday, July 14th 7:00 pm - 8:30 pm

The Socially Conscious Body

Friday, July 15th 6:00- 9:00 pm; July 16th-17th Saturday 11:30– 4:30 pm; Sunday 10:30 am – 4:30 pm
The Body in Action & Voicing Integrity; Vocal Motion with Carol Swann

Human Movement Expression & Efficiency in Cultural Contexts (LMA)

Monday & Tuesday, July 18th – 19th 10:00 am – 6:00 pm

Communication through Movement

Wednesday, July 20th 10:00 am – 4:30 pm

Dynamic Movement, Dynamic Health© – Martha Eddy

Thursday & Friday, July 21st -22nd 1:00 – 4:00 pm

Martha Eddy's signature Somatic Integration Seminar**

DE-SMTT Wellness and exercise protocols using LMA, BF, BMC® skills

Perceptual-Motor Development: The First Year of Life

Saturday & Sunday, July 23rd & 24th 10 am- 5pm

A somatic approach to developmental well-being and movement efficiency



Bartenieff Fundamentals (BF) of Body Movement

Monday- Friday, July 25th – 29th 9:15 am – 12 pm

Body-Mind Centering® Neuro-Developmental and Bartenieff perspectives

Theories of Somatic Education: Embodied Anatomy and Physiology

Monday – Thursday, July 25th - July 28th 1:30 pm - 4:45 pm

Body Mind Centering® (BMC) body systems & embodied physiology

Groups in Action: Principles of Hakomi, Body-Mind Psychology & Process Work

Saturday & Sunday, July 30th & 31st 10:00 am – 5:00 pm

Practice leadership in handling group dynamics using the body-mind connection in movement and dialogue

Dynamics of Touch© -Martha Eddy

Monday - Thursday, August 1st - 4th 10:00 am -12:00 pm

Vocalization through the Body with Carol Swann

Monday & Tuesday, August 1st & 2nd 1:30 pm - 4:30 pm

Alexander Technique in Action and Communication – Carol Swann

Wednesday & Thursday, August 3rd & 4th 2:30 pm - 5:30 pm

Workshop Costs:

10 – 15 hour Long Courses: 1 course \$375; 2 courses \$710; 3 courses \$1,040; 4 courses \$1,370

5 courses \$1,700; 6 courses \$2,040

6-10 hour Short Courses: Dynamic Movement, Dynamic Health ©, Dynamics of Touch©, Vocalization through the Body, Communication through Movement, Alexander Technique in Action: \$185

ALL courses (Phase 1 of DE-SMTT; includes Overview of DE-SMTT Process): \$2,850

Phase 2 Orientation: \$600

Call or Email for Registration Form and Payment Information:

(212) 414-2921 SMTT@WellnessCKE.net

Additional Courses (gain credit toward DE-SMTT or BFit Certification)

BodyMind Fitness© - Lesley Powell, Doris Pasteleur Hall

Fri eve – Monday 3pm August 5th - 8th

*Separate pricing paid to MovementsAfoot.com (\$450)

DE-SMTT Certification Phase 2 Independent Study Orientation (\$600)

Tuesday & Wednesday, August 9th & 10th 10:00 am – 3:00 pm

Apply for DE-SMTT Certification: Pay for Phase 1 courses needed and \$600 registration fee (includes 2-day orientation) Discount applied if application and refundable deposit is received by May 1st (\$1500)

Courses are subject to slight revision until March 1st, 2011

Credit can be available both to those who have been admitted to

the SUNY –ESC/MALS and to non-matriculated undergraduate students who qualify.

American Council on Exercise (ACE) independent study CEUs generally available.

These courses are Phase 1 of *Dynamic Embodiment Somatic Movement Therapy Training (DE-SMTT)*

And include one workshop of the *BodyMind Fitness Certification Program* directed by Eddy & Powell

***Faculty includes CKE, DE-SMTT, and Movements Afoot instructors.**

****By permission of instructor - has pre-requisites; ask about 3-hour section option.**

BMC® is the Registered Trademark of Bonnie Bainbridge Cohen. Dr. Eddy is a Licensed Teacher of BMC®

CMAAs, BMC grads, and Registered ISMETA practitioners are welcome to join classes at reduced rates or may request to study Dynamic

Embodiment SMTT beginning with Phase 3: May/June 2012 - 2013

